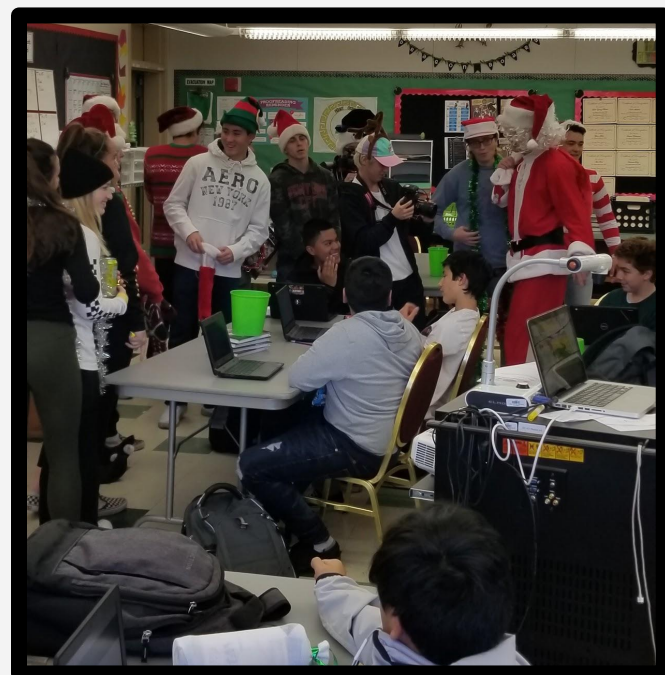
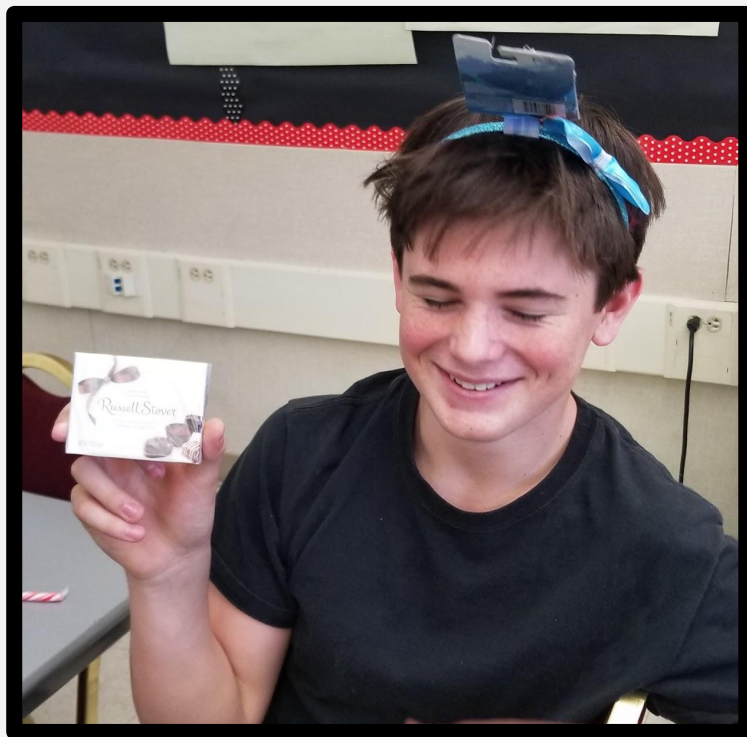


Team Olympus Newsletter



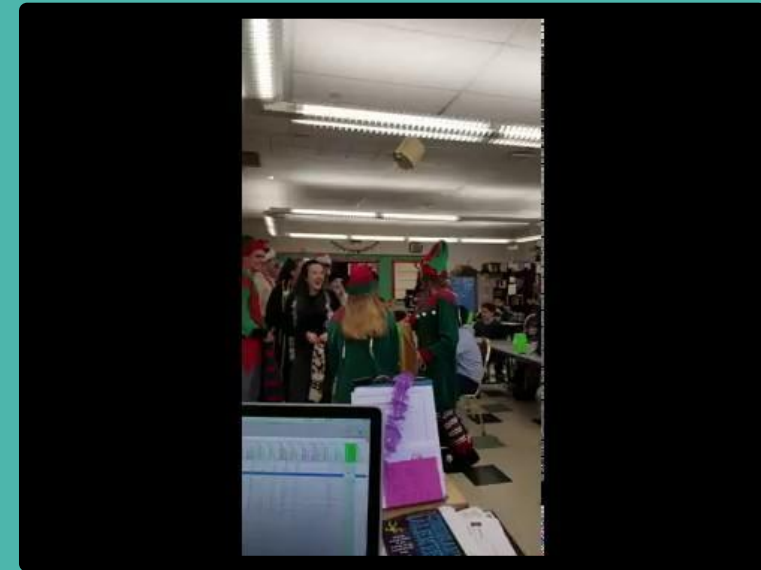
Santa Visits 6th Period English



English: Mrs. Gray
Email: vgray@sonomaschools.org
Math: Mr. Rehberg
Email: jrehberg@sonomaschools.org
Science: Mr. Edwards
Email: tedwards@sonomaschools.org
P.E.: Ms. Niehaus
Email: jniehaus@sonomaschools.org



Video of Santa's Visit



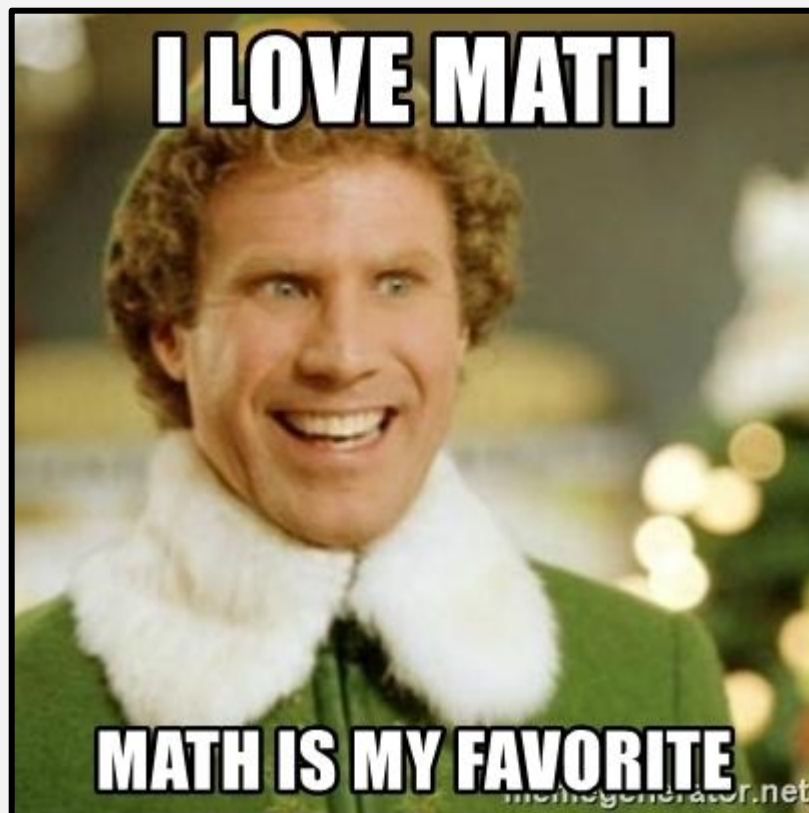
Halloween 2018



What's Going on in Class?

Algebra:

The semester is almost over! We will finish up chapter 4 ,which deals with systems of equations, and this will lead us into the final exam. The final is cumulative, which means it will cover **EVERYTHING** that we've done! Don't panic though,-- we will have plenty of time to review and get ready. Remember, if students are unhappy with any of their test grades, they are always welcome to do an exam retake. This is a definitive way to get their grade up.



English:

CP: We are in the process of finishing *Of Mice and Men*. Students should have started their essays this past weekend and they will be due December 13th/14th. This week we are also starting Shakespeare's *Merchant of Venice*. We will continue with it next semester.

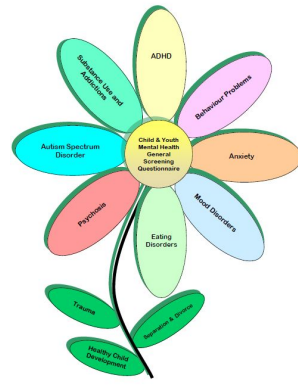
Honors/CP: We have just started Shakespeare's *Merchant of Venice*. We will continue it next semester.

FINALS for ALL English Classes:

- Vocabulary for the entire semester
- The elements of writing



Health & Wellness



Vaping doubles risk of smoking cigarettes for teens

Date: September 18, 2017

Source: University of Waterloo

Summary:

Teenagers who try e-cigarettes double their risk for smoking tobacco cigarettes, according to a new study. The study found that students in grades seven to 12 who had tried an e-cigarette are 2.16 times more likely to be susceptible to cigarette smoking.

[Click here for complete article](#)

Adolescent brain development impacts mental health, substance use

New findings offer promising avenues for early therapeutic interventions in young people

Date: November 5, 2018

Source: Society for Neuroscience

Summary:

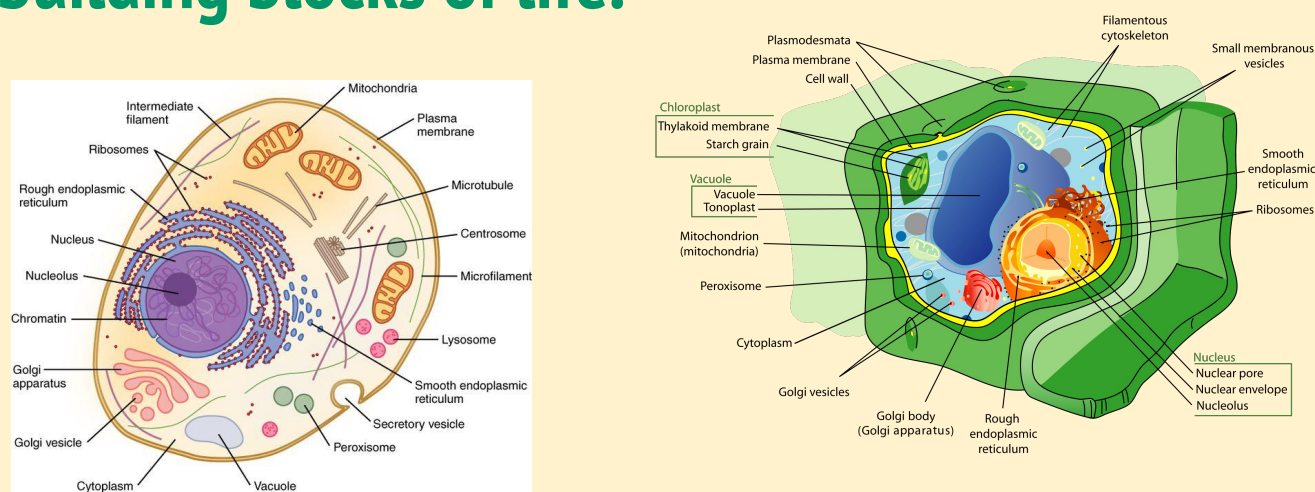
Advances in understanding adolescent brain development may aid future treatments of mental illness and alcohol and substance use disorders, according to new research.

[Click here for complete article](#)

What's Going on in Class?

Science:

In Lab Biology: The area of study has been cells -- the building blocks of life.



In Earth Science:

There has been a detailed examination of Earth's resources -- the types, the forms, the uses -- how to protect it.

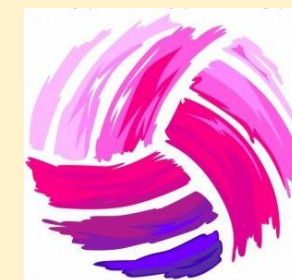


PE: It's time for double



Class period Volleyball! We will roll into finals

& end with tournament volleyball. Yes, we will dress and participate the whole final period. Students have practiced passing, setting and hitting creating the ultimate opportunity for good game play and great rallies.



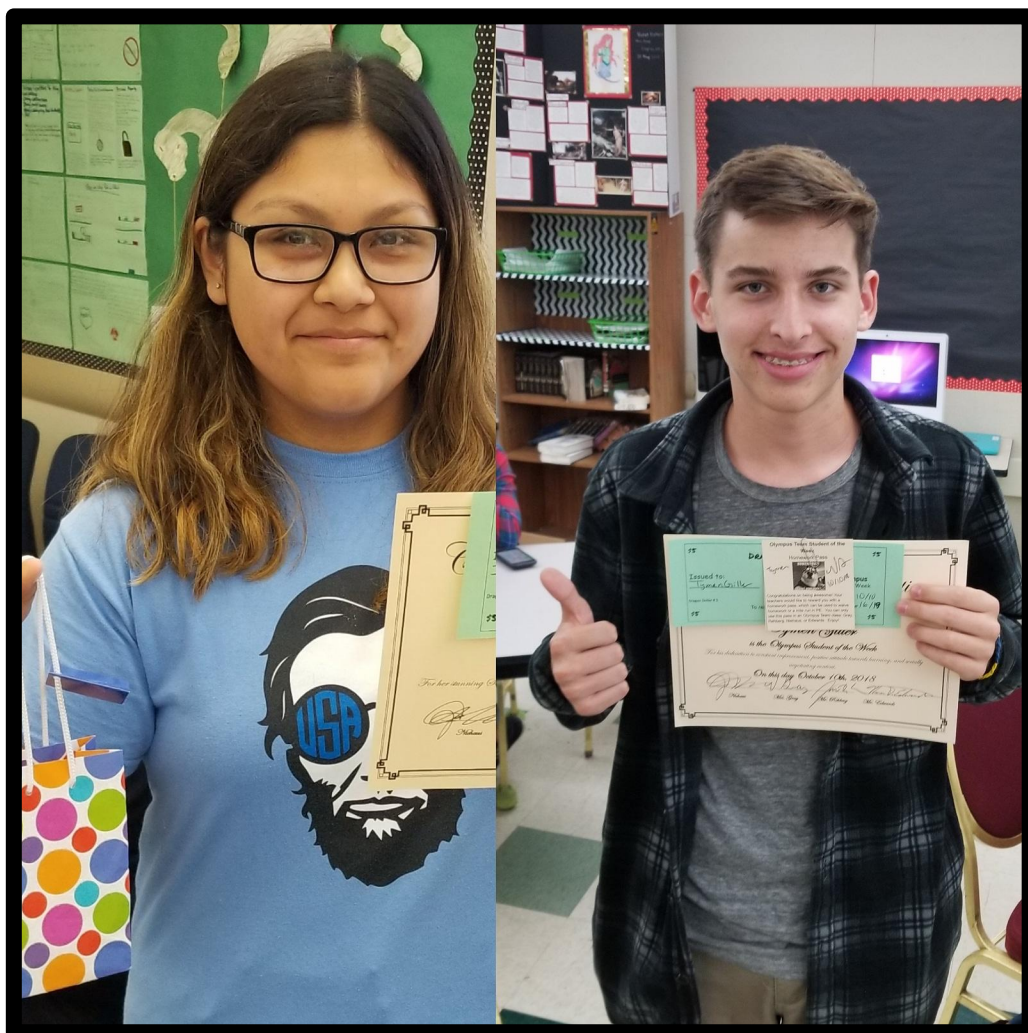
When the semester ends, let's remind all students to take home and wash their clothes over winter break. We will return January 7th with a brand new semester and Advisory week. Students are expected to dress for Physical Education their first day back.

Physical Education: Uniforms are always on sale. \$10 shorts & T's, and \$15 sweat pants & shirts

Students of the Week



Leslie Yanez Berber, Keira Sheldon, Dylan Cusick, Sean Tomany, Tymen Giller, Jimena Echeveria, Julian Barajas-Birrueta, Alyssa Medeiros, Mos Ford, Hannah Ruiz, Sophia Chavez, Shaan Sandhu



Tips for Finals

[Article: 20 Study Strategies for Finals Week](#)

Many teachers -- including Gray, Rehberg, and Edwards -- are offering **extra credit** if students attend Cookies & Cram. This event is hosted by Link Crew. Link Crew Leaders, who provide the cookies and milk, will act as tutors. Also, many teachers will be there to lend a helping hand as students prepare for their first set of finals.

Students need to go to **J-5** when the bell rings!

